



Sandwich bar

FOR ORDERS

05 467 648

03 467 684

Hadath, Adib Chidiac Street.

Delivery and Take Away

www.man2ouch.com

  Man2ouch



FISHERMAN COMBO




CHEESE ROCKET

NEW New item

 Specialty

 Hot

 Light

 Vegetarian

STARTERS

CHEESE GARLIC BREAD 11000 LL

TAQUITOS/PC **Not Available**


FRENCH FRIES 7000LL Large 11000LL

SEASONED WEDGES POTATOES 8000LL Large 12000LL
with your choice of sauce, cocktail,
garlic-mayo, honey mustard, BBQ, mayo

TWISTER FRIES **Not Available**


NUGGETS 9pcs 11000 LL
with your choice of sauce, garlic-mayo or cocktail

MOZZARELLA STICKS **Not Available**

 CHICKEN WINGS (500gr) 15000LL
marinated in special wings sauce or BBQ sauce

CRAB CLAWS **Not Available**

CALAMARI RINGS **Not Available**

 FISHERMAN COMBO **Not Available**
breaded fish, calamari, crab claws, potato wedges.
Served with green salad and sauce tartar

 POTATO CUBES 7000LL Large 12000LL
potato wedges, seasoned with coriander,
hot pepper and garlic

CRISPY CHICKEN 22000LL
breaded fried chicken, fries, coleslaw salad, tartar sauce/garlic

CHEESE ROCKET 15000LL
cheese, mushroom, rocket, tomato, onions, balsamic vinegar

MIXED MAN2OUCH COMBO (35CM) 20000LL
cheese, kafta, pizza, soujouk, rocket



SALMON QUINOA SALAD









CHÈVRE CHAUD SALAD

30



SALADS

	MIXED SALAD iceberg lettuce, tomato, corn, palmitto, cheese, mushroom, lemon mayo dressing	11000 LL
	PASTA SALAD fusilli pasta, corn, tomato, iceberg, cheese, palmitto, mushroom, lemon mayo dressing	12000LL
	CHICKEN CAESAR SALAD iceberg lettuce, marinated char-grilled chicken, cheese, home made "crouton", lemon mayo dressing	17000LL
	CRAB SALAD iceberg lettuce, surimi, carrot, corn, palmitto, tomato, lemon cocktail dressing	20000LL
	GREEK SALAD iceberg lettuce, tomato, sweet pepper, onion, feta cheese, corn, olives, vinaigrette dressing	14000LL
	TEXAS CHICKEN SALAD iceberg lettuce, grilled chicken breast, tomato, cheese, corn, carrot, tortilla, Texas dressing	19000LL
	CHÈVRE CHAUD SALAD iceberg lettuce, tomato, breaded goat cheese, bacon, balsamic dressing	Not Available
	HALLOUMI PESTO SALAD halloum, tomato, pesto, toasted French bread, iceberg lettuce, vinaigrette dressing	15000LL
	LANDAISE SALAD iceberg lettuce, corn, carrots, breaded cheese, chicken liver, chicken, tomato, bacon, balsamic dressing	Not Available
	QUINOA SALAD iceberg lettuce, quinoa, dried fruits, feta cheese, tomato, vinaigrette dressing	17000 LL
	SALMON QUINOA SALAD iceberg lettuce, quinoa, tomato, smoked salmon, lime, vinaigrette dressing	Not Available



CHICKEN AVOCADO

Grilled chicken, guacamole, iceberg lettuce

16000LL



CHICKEN CIABATTA



SANDWICHES

You can add French Fries and Coleslaw /green Salad to any sandwich for an additional 6500LL

TAOUK marinated chicken, pickles, coleslaw, French fries, garlic-mayo sauce, tomato, mint	12000LL
CHICKEN LIVER chicken liver, grenade molasses, garlic, lemon, pickles, fries	12000LL
CHICKEN TIKA marinated chicken, cheese, iceberg lettuce, fries, garlic and special dressing	13000LL
FAJITA seasoned chicken, mayo, iceberg, onion, sweet pepper, cheese and special sauce, fries	16000LL
PHILADELPHIA seasoned meat, onion, sweet pepper, iceberg cheese, mayo, special sauce, fries	Not Available
NUGGETS chicken nuggets, coleslaw, fries, corn, pickles and cocktail sauce	13000LL
STEAK beef, iceberg, tomato, corn, fries, mayo American sauce or hommos	Not Available
 BATATA fries, coleslaw, pickles garlic-mayo sauce, ketchup	8000LL
 CHEESE SOUJOUK cheese, soujouk, iceberg, tomato, fries, mayo	15000LL
KAFTA CHEESE special extra kafta meat, cheese, lettuce, Tomato, fries, mayo	15000LL
MA2ANE2 ma2ane2 extra, hommos, tomato, pickles, fries, lemon	13000LL
FRANSISCO grilled chicken, cheese, iceberg, fries, pickles, soy sauce, tabasco, tomato, in sub- bread	13000LL



CLUB SANDWICH

FISH AND CHIPS marinated fish fillet, fries, iceberg, tartar sauce	13000 LL Fried 3000+LL
SAMKE HARRA grilled fish, "Harra" sauce, iceberg lettuce, fries	14000 LL
ROSTO beef «roti», pickles, tomato, iceberg, corn, fries mayo, mustard, cocktail sauce	15000 LL
CLUB SANDWICH (3 LAYERS) roasted chicken, cheese, pesto sauce, mayo, tomato, rocket, in cereal pain de mie, boiled eggs	Not Available
HALLOUMI BACON halloum Cheese, grilled bacon, tomato, iceberg fries, mayo	Not Available
SUBMARINE cheese, ham, salami, tomato, onions, iceberg special sauce in Italian Dough	13000 LL
BASQUAISE seasoned chicken with spices, mayo, lettuce, fries, masala red sauce, cheddar	13500 LL
STEAK HACHÉ French Baguette, steak haché, fries, American sauce	18000 LL
COMBO SANDWICH breaded mozzarella, fries, iceberg lettuce, pickles, corn, American sauce	Not Available
SHRIMP SANDWICH shrimp, rocket, cocktail sauce, in multi-cereal bread	Not Available



TERRIYAKI CHICKEN

14500LL

Caramelized chicken with spices, mayo, lettuce, fries, american sauce, sesame



SHRIMP SANDWICH



CHICKEN SUB

14000LL

Marinated chicken breast, "Jambon", melted cheese, tomato, iceberg, corn, fries, mayo, pesto sauce.

TUNA

15000LL

white tuna, corn, pickles, onion, sweet pepper iceberg, tomato, mayo, mild hot sauce

CRAB SANDWICH (IN SOFT BREAD)

13000LL

crab surimi, iceberg, corn, pickles, Tomato, mayo, cocktail sauce

CALAMARI SANDWICH

Not Available

breaded calamari rings, tartare sauce, rocket, in sub-bread



	<p>SMOKED SALMON cheesy sour cream, smoked salmon, lime, rocket, in sub-bread</p>	<p>Not Available</p>
	<p>SHAWARMA BEEF beef, iceberg lettuce, tomato, pickles, tarator, fries</p>	<p>Not Available</p>
	<p>SHAWARMA CHICKEN chicken, fries, iceberg, pickles, garlic</p>	<p>14000 LL</p>
	<p>HOT DOG (IN SOFT BREAD) frankfurter, cheddar cheese, ketchup, mustard, crispy fries</p>	<p>Not Available</p>
	<p>MARINATED BEEF marinated beef, melted cheese on a special dough onion, sweet pepper, mushroom, iceberg, mayo, American sauce, steak sauce</p>	<p>17000LL</p>
	<p>CHICKEN CIABATTA chicken breast, Swiss cheese, Iceberg, Tomato, Special dressing</p>	<p>14000LL</p>
	<p>GIANT SANDWICH (50 CM) chicken , cheese, Iceberg, Tomato, Corn, Fries, Special dressing. Served with fries and salad</p>	<p>19000LL</p>
	<p>CRISPY CHICKEN fried breaded chicken, iceberg lettuce, Tomato, pickles, fries, sauce tartar</p>	<p>14000LL</p>
	<p>BONELESS CHICKEN breaded boneless chicken, crunchy fries, iceberg, ranch sauce, bbq sauce, honey mustard</p>	<p>15000LL</p>






CHICKEN CHEESE BITES



CORDON BLEU



PLATTERS

	FAJITAS seasoned chicken, mayo, iceberg, onion, sweet pepper, cheese and special sauce. Served with Tortilla Bread and fries	27000 LL
	TAOUK marinated chicken skewers, pickles, garlic-mayo sauce, tomato, mint. Served with coleslaw and French fries	25000 LL
	YVETTE'S STEAK PLATTER seasoned thin strip-loin, Yvette's special sauce salad, French fries or wedges	25000 LL
	MARINATED CHICKEN PLATTER marinated char grilled chicken breast. Served with salad, French fries, garlic-mayo or mushroom	22000 LL
	MARINATED FISH & CHIPS PLATTER marinated grilled fish fillet. Served with salad, French fries or wedges and tartar sauce	23000 LL
	CORDON BLEU breaded chicken filled with cheese and ham, Served with salad, potato wedges	Not Available
	MARINATED CHICKEN PESTO marinated char-grilled chicken breast with creamy Yvette's pesto sauce. Served with salad, French fries or wedges	24000 LL
	QUICHE LORAINNE quiche, bacon, Swiss cheese. Served with wedge potatoes, green salad	Not Available
	ESCALOPE breaded chicken, cheese, ham. Served with salad and potato wedges	Not Available
	CHICKEN CHEESE BITES marinated chicken, fresh cream, onion, sweet pepper, mushroom. Baked in oven topped with cheese. served in a pan with man2ouch bread and potato wedges	24000 LL



MAC N CHEESE

Not Available

Special burger patty, mac n cheese patty, cheddar, onion, pickles, iceberg, tomato, American sauce, mayo



FRENCH BURGER

Not Available

White Ciabatta, mayo, iceberg lettuce, tomato, pickles, goat cheese, caramelized onions



BURGERS

You can add French Fries and Coleslaw /green Salad to any burger for an additional 6500LL

	AMERICAN BURGER special burger patty, cheddar, onion, pickles, iceberg, tomato, American sauce, mayo	14000 LL
	LEBANESE BURGER special burger patty, tomato, onion, pickles coleslaw, ketchup, mayo	13000 LL
	CHEESE BURGER special burger patty, tomato, onion, pickles coleslaw, ketchup, mayo and cheese	15000 LL
	SWISS MUSHROOM special burger patty, fresh mushroom, Swiss cheese, creamy sauce, iceberg lettuce	15500 LL
	SALMON BURGER grilled salmon patty, tartare sauce, rocket, lemon juice	Not Available
	DOUBLE BURGER double special burger patty, cheddar cheese tomato, onion, pickles, coleslaw, cocktail sauce, mayo	20000 LL
	CHICKEN BREAST BURGER marinated chicken breast, garlic-mayo, pickles, tomato, coleslaw	12000 LL
	BASTERMA BURGER special burger patty, basterma slices, tomato, onion, pickles, coleslaw, ketchup, mayo	Not Available
	GRILLED FISH BURGER marinated grilled fish fillet, iceberg, sauce tartar	11000 LL fried fish 4000+LL
	BBQ BURGER special burger patty, iceberg, tomato, pickles grilled mushrooms and onions, mayo and BBQ sauce, cheddar sauce	15000 LL
	TEXAS BURGER special burger patty, tomato, onion, jalapeño pickles, iceberg lettuce, Texas dressing	15000 LL
	B.B.C BURGER chicken breast, cheddar cheese, bacon, BBQ sauce, iceberg lettuce, tomato, pickles	16000 LL
	GIANT BURGER 2 special burger patty, onion, pickles, coleslow, tomato, mayo and Brain	Not Available



TEX MEX Regular 17000 Large 22000LL
chicken, cheese, corn, mushroom, cheddar, onions, sweet pepper, pickles, special tomato sauce, Texas dressing



CHICAGO **Not Available**
mozzarella, fresh mushrooms, cherry tomatoes, onions, special tomato sauce, baked in a traditional upside down pan



PIZZAS AND PASTAS

MAN2OUCH PIZZA Regular **13000LL** Large **18000LL**
special tomato sauce, "jambon",
cheese, corn,mushroom, olive, basil

PEPPERONI PIZZA Regular **14000LL** Large **19000LL**
special tomato sauce, cheese,
pepperoni, corn,mushroom, olive, basil



VEGETARIAN PIZZA Regular **13000LL** Large **18000LL**
special tomato sauce, cheese, mushroom,
corn, oregano, olive, sweet pepper, onion, basil

HOT-DOG PIZZA **Not Available**
special tomato sauce, cheese,
hot-dog, corn, mushroom, olive, basil



SOUJOUK PIZZA Regular **15000LL** Large **20000LL**
special tomato sauce, cheese,
soujouk, corn, tomato, oregano, olive

TUNA PIZZA **Not Available**
special tomato sauce, tuna, cheese, corn,
sweet pepper, mushroom, basil



4 CHEESE PIZZA Regular **15000LL** Large **20000LL**
special tomato sauce, 4 kinds of cheese, basil



PIZZA AL PESTO Regular **15000LL** Large **20000LL**
pesto sauce, cheese, corn, mushroom, olive, oregano



CHINESE PASTA **20000LL**
pasta, chicken or beef, carrot, mushrooms,
onion, sweet pepper, corn, soy sauce, cheese



CHICKEN PESTO PASTA **23000LL**
pasta, fresh cream, pesto, cheese

GREEK CALZONE **12000LL**
feta, corn, onion, sweet pepper, oregano, olive,
mozzarella, mild hot sauce



CHOCOLATE CALZONE



SWEETS



CHOCOLATE CALZONE

10000LL

DRINKS

	IN	OUT
SOFT DRINK	3000LL	2500LL
ICE TEA	4500LL	3500LL
LOCAL BEER	8000LL	3500LL
WATER	1500LL	750LL
ENERGY DRINK	6000LL	5000LL
RIM SPARKLING	3000LL	2500LL
ESPRESSO COFFEE	3000LL	
AMERICAN COFFEE	4000LL	

